

Advantage U Signature (PPO) offered by University of Utah Health Insurance Plans, Inc.

Annual Notice of Changes for 2023

You are currently enrolled as a member of Advantage U Signature (PPO). Next year, there will be changes to the plan's costs and benefits. *Please see page 5 for a Summary of Important Costs, including Premium.*

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at www.AdvantageUMedicare.com. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**

What to do now

1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - Review the changes to Medical care costs (doctor, hospital)
 - Review the changes to our drug coverage, including authorization requirements and costs
 - Think about how much you will spend on premiums, deductibles, and cost sharing
- Check the changes in the 2023 Drug List to make sure the drugs you currently take are still covered.
- Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.
- Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at www.medicare.gov/plan-compare website or review the list in the back of your *Medicare & You 2023* handbook.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. **CHOOSE:** Decide whether you want to change your plan

- If you don't join another plan by December 7, 2022, you will stay in Advantage U Signature (PPO).
- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with Advantage U Signature (PPO).
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

- Please contact our Customer Service number at 855-275-0374 for additional information. (TTY users should call 711.) Hours are 7 days a week, 8 a.m. to 8 p.m. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on weekends and holidays.
- This document may be available in other formats such as braille, large print, or other alternate formats. This document may be available in non-English language. For additional information call the Customer Service number listed above.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About Advantage U Signature (PPO)

- University of Utah Health Insurance Plan's Advantage U is a PPO with a Medicare contract. Enrollment in Advantage U depends on contract renewal.
- When this document says "we," "us," or "our," it means University of Utah Health Insurance Plans. When it says "plan" or "our plan," it means Advantage U Signature (PPO).

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**Annual Notice of Changes for 2023
Table of Contents**

Summary of Important Costs for 2023..... 4

SECTION 1 Changes to Benefits and Costs for Next Year 5

Section 1.1 – Changes to the Monthly Premium 5

Section 1.2 – Changes to Your Maximum Out-of-Pocket Amounts 6

Section 1.3 – Changes to the Provider and Pharmacy Networks..... 6

Section 1.4 – Changes to Benefits and Costs for Medical Services 7

Section 1.5 – Changes to Part D Prescription Drug Coverage 9

SECTION 2 Deciding Which Plan to Choose 13

Section 2.1 – If you want to stay in Advantage U Signature (PPO)..... 13

Section 2.2 – If you want to change plans 13

SECTION 3 Deadline for Changing Plans 14

SECTION 4 Programs That Offer Free Counseling about Medicare..... 15

SECTION 5 Programs That Help Pay for Prescription Drugs..... 15

SECTION 6 Questions? 16

Section 6.1 – Getting Help from Advantage U Signature (PPO) 16

Section 6.2 – Getting Help from Medicare 16

Summary of Important Costs for 2023

The table below compares the 2022 costs and 2023 costs for Advantage U Signature (PPO) in several important areas. **Please note this is only a summary of costs.**

Cost	2022 (this year)	2023 (next year)
<p>Monthly plan premium*</p> <p>*Your premium may be higher than this amount. See Section 1.1 for details.</p>	\$0	\$0
<p>Maximum out-of-pocket amounts</p> <p>This is the <u>most</u> you will pay out-of-pocket for your covered services. (See Section 1.2 for details.)</p>	<p>From network providers: \$6,900</p> <p>From network and out-of-network providers combined: \$11,300</p>	<p>From network providers: \$6,100</p> <p>From network and out-of-network providers combined: \$12,450</p>
<p>Doctor office visits</p>	<p>In-Network:</p> <p>Primary care visits: \$0 copay per visit</p> <p>Specialist visits: \$25 copay per visit</p> <p>Out-of-Network:</p> <p>Primary care visits: 45% coinsurance per visit</p> <p>Specialist visits: 45% coinsurance per visit</p>	<p>In-Network:</p> <p>Primary care visits: \$0 copay per visit</p> <p>Specialist visits: \$25 copay per visit</p> <p>Out-of-Network:</p> <p>Primary care visits: 45% coinsurance per visit</p> <p>Specialist visits: 45% coinsurance per visit</p>
<p>Inpatient hospital stays</p>	<p>In-Network:</p> <p>\$325 copay per day for days 1-4; \$0 copay for days 5-90; \$0 copay for additional days</p> <p>Out-Of-Network:</p> <p>45% coinsurance for each Medicare-covered inpatient hospital stay.</p>	<p>In-Network:</p> <p>\$300 copay per day for days 1-4; \$0 copay for days 5-90; \$0 copay for additional days</p> <p>Out-Of-Network:</p> <p>45% coinsurance for each Medicare-covered inpatient hospital stay.</p>

Cost	2022 (this year)	2023 (next year)
<p>Part D prescription drug coverage (See Section 1.5 for details.)</p>	<p>Deductible: \$200</p> <p>Copayment/Coinsurance for a one-month supply during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> • Drug Tier 1: \$3 • Drug Tier 2: \$10 • Drug Tier 3: \$47 • Drug Tier 4: \$100 • Drug Tier 5: 29% 	<p>Deductible: \$125</p> <p>Copayment/Coinsurance for a one-month supply during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> • Drug Tier 1: \$3 • Drug Tier 2: \$10 • Drug Tier 3: \$47 • Drug Tier 4: \$100 • Drug Tier 5: 31%

To find out which drugs are Select Insulins, review the most recent Drug List we provided electronically. You can identify Select Insulins by the indicator SI listed within the formulary. If you have questions about the Drug List, you can also call Customer Service (Phone numbers for Member Services are printed on the back cover of this booklet).

SECTION 1 Changes to Benefits and Costs for Next Year

Section 1.1 – Changes to the Monthly Premium

Cost	2022 (this year)	2023 (next year)
<p>Monthly premium (You must also continue to pay your Medicare Part B premium.)</p>	\$0	\$0

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as “creditable coverage”) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.

Section 1.2 – Changes to Your Maximum Out-of-Pocket Amounts

Medicare requires all health plans to limit how much you pay “out-of-pocket” for the year. These limits are called the “maximum out-of-pocket amounts.” Once you reach this amount, you generally pay nothing for covered services for the rest of the year.

Cost	2022 (this year)	2023 (next year)
<p>In-network maximum out-of-pocket amount</p> <p>Your costs for covered medical services (such as copays) from network providers count toward your in-network maximum out-of-pocket amount. Your costs for prescription drugs do not count toward your maximum out-of-pocket amount.</p>	\$6,900	<p>\$6,100</p> <p>Once you have paid \$6,100 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services from network providers for the rest of the calendar year.</p>
<p>Combined maximum out-of-pocket amount</p> <p>Your costs for covered medical services (such as copays) from in-network and out-of-network providers count toward your combined maximum out-of-pocket amount. Your costs for outpatient prescription drugs do not count toward your maximum out-of-pocket amount for medical services.</p>	\$11,300	<p>\$12,450</p> <p>Once you have paid \$12,450 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services from network or out-of-network providers for the rest of the calendar year.</p>

Section 1.3 – Changes to the Provider and Pharmacy Networks

Updated directories are located on our website at www.AdvantageUMedicare.com. You may also call Customer Service for updated provider and/or pharmacy information or to ask us to mail you a directory.

There are changes to our network of providers for next year. **Please review the 2023 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

There are changes to our network of pharmacies for next year. **Please review the 2023 Pharmacy Directory to see which pharmacies are in our network.**

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Customer Service so we may assist.

Section 1.4 – Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2022 (this year)	2023 (next year)
Skilled Nursing Facility	<p>In-Network:</p> <p>You pay a \$0 copay per day, per stay: Days 1-20.</p> <p>You pay a \$176 copay per day, per stay: Days 21-100.</p> <p>Out-of-Network:</p> <p>You pay a 45% coinsurance for Medicare-covered skilled nursing facility (SNF) stay.</p>	<p>In-Network:</p> <p>You pay a \$0 copay per day, per stay: Days 1-20.</p> <p>You pay a \$196 copay per day, per stay: Days 21-100.</p> <p>You pay a \$196 copay per day, per stay: Days 101+.</p> <p>Out-of-Network:</p> <p>You pay a 45% coinsurance for Medicare-covered skilled nursing facility (SNF) stay.</p>
Emergency Services	You pay a \$90 copay	You pay a \$95 copay
Worldwide Emergency/Urgent Services	You pay a \$90 copay	You pay a \$95 copay
Ambulance Services	You pay a \$300 copay	You pay a \$235 copay
Over-the-Counter (OTC) Items	You receive \$30 per quarter	You receive \$50 per quarter

Cost	2022 (this year)	2023 (next year)
Telehealth Services	You pay a \$0 copay for Virtual/Telehealth Urgent Care visit through an in-network provider	You pay a \$0 copay for Virtual/Telehealth Urgent Care or PCP visit through an in-network provider
In-Home Support Services	Not offered	<p>You pay a \$0 copay</p> <p>Papa Inc. combats loneliness and social isolation by connecting Papa Pals with our members for Companionship and help with Instrumental Activities of Daily Living. Some of Papa's services include but are not limited to assisting members with transportation to include grocery shopping, medication pick up, and doctor's appointments, technical guidance, care gap reminders, light house help, light exercise and activity. Members are eligible for 24 hours per year of Papa services.</p>
Inpatient Hospital Stays	<p>In-Network:</p> <p>\$325 copay per day for days 1-4; \$0 copay for days 5-90; \$0 copay for additional days.</p> <p>Out-Of-Network:</p> <p>45% coinsurance for each Medicare-covered inpatient hospital stay.</p>	<p>In-Network:</p> <p>\$300 copay per day for days 1-4; \$0 copay for days 5-90; \$0 copay for additional days.</p> <p>Out-Of-Network:</p> <p>45% coinsurance for each Medicare-covered inpatient hospital stay.</p>

Cost	2022 (this year)	2023 (next year)
Inpatient Hospital Stays - Psychiatric	<p>In-Network: \$325 copay per day for days 1-4; \$0 copay for days 5-90; \$0 copay for additional days.</p> <p>Out-Of-Network: 45% coinsurance for each Medicare-covered inpatient hospital stay.</p>	<p>In-Network: \$300 copay per day for days 1-4; \$0 copay for days 5-90; \$0 copay for additional days.</p> <p>Out-Of-Network: 45% coinsurance for each Medicare-covered inpatient hospital stay.</p>
In-Home Safety Assessment	<p>Offered only under Special Supplemental Benefit for the Chronically Ill (SSBCI).</p> <p>Members who have a diagnosis of hip replacement, knee replacement, femur fractures within the past 12 months or a history of falls are eligible for an In-Home Safety Assessment.</p>	<p>No longer offered only under Special Supplemental Benefit for the Chronically Ill (SSBCI).</p> <p>Members who have a diagnosis of hip replacement, knee replacement, femur fractures within the past 12 months or a history of falls are eligible for an In-Home Safety Assessment.</p>

Section 1.5 – Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically. If you don’t see your drug on this list, it might still be covered. **You can get the *complete* Drug List** by calling Customer Service (see the back cover) or visiting our website (www.AdvantageUMedicare.com).

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Customer Service for more information.

We have made changes to the list of insulin drugs that will be covered as Select Insulins at a lower cost-sharing. To find out which drugs are Select Insulins, review the most recent Drug List we provided electronically. You can identify Select Insulins by the indicator SI listed within the formulary. If you have questions about the Drug List, you can also call Customer Service (Phone numbers for Member Services are printed on the back cover of this booklet).

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs: may not apply to you.** We have included a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and didn’t receive this insert with this packet please call Customer Service and ask for the “LIS Rider.”

There are four “drug payment stages.”

The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

Changes to the Deductible Stage

Stage	2022 (this year)	2023 (next year)
<p>Stage 1: Yearly Deductible Stage</p> <p>During this stage, you pay the full cost of your Tier 3 Preferred Brand, Tier 4 Non-Preferred Drugs & Tier 5 Specialty until you have reached the yearly deductible.</p>	<p>The deductible is \$200.</p> <p>During this stage, you pay \$3 or \$10 cost sharing for drugs on the preferred generic or generic tiers and the full cost of drugs on preferred brand name, non-preferred brand name, or specialty drugs tiers until you have reached the yearly deductible.</p> <p>There is no deductible for Advantage U Signature (PPO) for Select Insulins. You pay a \$28 copay for a one-month supply for Select Insulins.</p>	<p>The deductible is \$125.</p> <p>During this stage, you pay \$3 or \$10 cost sharing for drugs on the Tier 1 Preferred Generics or Tier 2 Generics and the full cost of drugs on Tier 3 Preferred Brand, Tier 4 Non-Preferred Drugs or Tier 5 Specialty until you have reached the yearly deductible.</p> <p>There is no deductible for Advantage U Signature (PPO) for Select Insulins. You pay a \$28 copay for a one-month supply for Select Insulins.</p>

Changes to Your Cost Sharing in the Initial Coverage Stage

Please see the following chart for the changes from 2022 to 2023.

Stage	2022 (this year)	2023 (next year)
<p>Stage 2: Initial Coverage Stage</p> <p>Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p>Tier 1 (Preferred Generics): You pay \$3 per prescription.</p> <p>Tier 2 (Generics): You pay \$10 per prescription</p> <p>Tier 3 (Preferred Brands): You pay \$47 per prescription</p> <p>Tier 4 (Non-Preferred Drugs): You pay \$100 per prescription</p> <p>Tier 5 (Specialty): You pay 29% coinsurance of the total cost</p> <p>Select Insulins: You pay \$28 copay for a one-month supply for Select Insulins</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p>Tier 1 (Preferred Generics): You pay \$3 per prescription.</p> <p>Tier 2 (Generics): You pay \$10 per prescription</p> <p>Tier 3 (Preferred Brands): You pay \$47 per prescription</p> <p>Tier 4 (Non-Preferred Drugs): You pay \$100 per prescription</p> <p>Tier 5 (Specialty): You pay 31% coinsurance of the total cost</p> <p>Select Insulins: You pay \$28 copay for a one-month supply for Select Insulins</p>

Stage	2022 (this year)	2023 (next year)
<p>Stage 2: Initial Coverage Stage (continued)</p> <p>The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy that provides standard cost sharing. For information about the costs, look in Chapter 6, Section 5 of your <i>Evidence of Coverage</i>.</p>	<p>Once your total drug costs have reached \$4,430, you will move to the next stage (the Coverage Gap Stage).</p> <p>Advantage U Signature (PPO) offers additional gap coverage for Select Insulins. During the Coverage Gap stage, your out-of-pocket costs for Select Insulins will be \$28 for a one-month supply.</p>	<p>Once your total drug costs have reached \$4,660, you will move to the next stage (the Coverage Gap Stage).</p> <p>Advantage U Signature (PPO) offers additional gap coverage for Select Insulins. During the Coverage Gap stage, your out-of-pocket costs for Select Insulins will be \$28 for a one-month supply.</p>

SECTION 2 Deciding Which Plan to Choose

Section 2.1 – If you want to stay in Advantage U Signature (PPO)

To stay in our plan you don’t need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Advantage U Signature (PPO).

Section 2.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2023 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- – *OR*– You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 1.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2023*

handbook, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

As a reminder, University of Utah Health Plans offers other Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Advantage U Signature (PPO).
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from Advantage U Signature (PPO).
- To **change to Original Medicare without a prescription drug plan**, you must either:
 - Send us a written request to disenroll. Contact Customer Service if you need more information on how to do so.
 - – *OR* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 3 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2023.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage Plan for January 1, 2023, and don’t like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription

drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 4 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Utah, the SHIP is called Senior Health Insurance Information Program.

It is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare. Senior Health Insurance Information Program counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Senior Health Insurance Information Program at 1-800-541-7735 (TTY 711). You can learn more about the program by visiting their website at <https://daas.utah.gov/seniors>.

SECTION 5 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
 - Your State Medicaid Office (applications).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Ryan White Part B Program. For information on eligibility criteria, covered drugs, or how to enroll in the Ryan White Part B Program, please call the Utah Department of Health and Human Services, Bureau of Epidemiology at 1-801-538-6197.

SECTION 6 Questions?

Section 6.1 – Getting Help from Advantage U Signature (PPO)

Questions? We're here to help. Please call Customer Service at 855-275-0374. (TTY only, call 711.) We are available for phone calls 7 days a week, 8 a.m. to 8 p.m. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on weekends and holidays.

Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the *2023 Evidence of Coverage* for Advantage U Signature (PPO). The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at www.AdvantageUMedicare.com. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at www.AdvantageUMedicare.com. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (Formulary/Drug List).

Section 6.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to www.medicare.gov/plan-compare.

Read *Medicare & You 2023*

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most

frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.